



QUESTIONS NOVEMBER 2012

CPD questionnaires must be completed online via www.cpdjournals.co.za
After submission you can check the answers and print your certificate.

True (A) or false (B):

1. The Ministry of Health recently reported that 5 out of 11 provinces had overspent their health budgets by approximately R2 billion.
2. The rate of fetal alcohol spectrum syndrome disorder in South Africa is similar to that of the USA at approximately 2/1 000.
3. Which one of the following does NOT feature in the top 10 risk factors accounting for the non-communicable disease burden in SA:
 - (a) Alcohol harm
 - (b) Tobacco smoking
 - (c) Unsafe water
 - (d) Physical inactivity
 - (e) Vitamin D deficiency.

True (A) or false (B):

4. Life expectancy in SA currently stands at 54 years.
5. The World Bank estimates that SA has approximately 25 medical doctors/100 000 population.
6. One of SA's strategies (contained in the Human Resources for Health Strategy) for successful implementation of NHI calls for training of clinical associates (also called mid-level workers), who will work in district hospitals under the supervision of doctors.
7. The caseload of blunt trauma in SA is the highest in the English-speaking world.
8. Parkinson's disease affects 4% of all persons over the age of 80 years.
9. The incidence of Parkinson's disease is expected to double by 2030.
10. Cure rates for TB in SA currently meet the 85% target set by the TB Strategy Plan 2007 - 2011.

11. Key to reduction of the TB infectious load in the community is early case detection.

12. Within SA, the Indian population has the highest prevalence of type 2 diabetes.

13. Concerning diagnosis of the metabolic syndrome, abdominal obesity is a prerequisite.

14. Which one of the following is NOT a criterion for the diagnosis of the metabolic syndrome:

- (a) Raised blood pressure
- (b) Elevated triglycerides
- (c) Elevated low-density lipoprotein cholesterol levels
- (d) Hypoglycaemia.

True (A) or false (B):

15. Over 50% of subjects identified in surveys to have type 2 diabetes are unaware of their condition.

16. Blanket vaccination of dogs against rabies, to prevent dog-to-dog transmission of the disease, holds out the hope that rabies might be eradicated in SA.

17. Administration of rabies vaccine to humans exposed to rabies through dog bites prevents development of the disease.

18. Older adults are at greatest risk of sustaining dog bites.

19. Patients sustaining a grade 3 dog bite (that penetrates the skin and draws blood) should receive rabies vaccine and immunoglobulin (which may be discontinued only if the dog remains healthy after 10 days).

20. A low CD4 count is predictive of nevirapine-induced hepatotoxicity in pregnant women.

We are pleased to announce that effective from this month, the number of CEUs per test has been increased to 5.

INSTRUCTIONS

1. Read the journal. All the answers will be found there.
2. Go to www.cpdjournals.co.za to answer the questions.

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