


**QUESTIONS OCTOBER 2012**

CPD questionnaires must be completed online via [www.cpdjournals.co.za](http://www.cpdjournals.co.za)  
After submission you can check the answers and print your certificate.

**1. True (A) or false (B):**

It is estimated that South Africa has the second-highest incidence of tuberculosis (TB) in the world.

**2. True (A) or false (B):**

Inflammatory bowel disease (IBD) is increasing in many developing countries.

**3. True (A) or false (B):**

Standard care of IBD primarily involves use of antipsychotic drugs.

**4. True (A) or false (B):**

Smoking is regarded as a risk factor for acquiring TB.

**5. True (A) or false (B):**

TB reactivation is significantly suppressed by corticosteroids.

**6. True (A) or false (B):**

In the South African context a study has recommended that IBD patients should be screened actively and monitored for TB when immunosuppressive medications are used.

**7. True (A) or false (B):**

South Africa has an excellent performance regarding maternal and perinatal outcomes.

**8. True (A) or false (B):**

The maternal and perinatal outcomes have improved considerably over the past 12 years.

**9. True (A) or false (B):**

Concerns have been raised about the quality of training of health professionals by academic facilities.

**10. True (A) or false (B):**

The practice of regularly rotating nurse professionals results in poor levels of competence.

**11. True (A) or false (B):**

The integration of midwifery as a subset of the comprehensive nursing training programme has had a devastating effect on current maternal services.

**12. True (A) or false (B):**

Expanding the use of the Perinatal Education Programme as in-service training could significantly improve the quality of maternity services.

**13. True (A) or false (B):**

The World Health Organization endorsed Xpert MTB/RIF (Xpert) as a first-line diagnostic for TB patients.

**14. True (A) or false (B):**

Xpert's short turnaround time and simplicity make its point-of-care (POC) use possible.

**15. Which one of the following is NOT correct? The motivation for POC technology for testing for HIV, CD4, TB, etc. is to:**

- (a) Provide same-day results
- (b) Hasten treatment initiation
- (c) Avoid loss to follow-up
- (d) Acquire much larger funding.

**16. True (A) or false (B):**

TB testing, outside of the laboratory, requires emphasis on infection control and biosafety.

**17. True (A) or false (B):**

Positioning Xpert instruments at POC in the clinic has management and cost implications beyond the purchase of the instrument and consumables.

**18. True (A) or false (B):**

The vast majority of TB suspects were found to be Xpert positive.

**19. True (A) or false (B):**

Severe falciparum malaria remains the leading cause of paediatric anaemia in sub-Saharan Africa.

**20. True (A) or false (B):**

Current findings support the hypothesis that immune response to *P. falciparum* rather than the cumulative parasite burden may be the primary factor responsible for the development and promotion of severe malaria anaemia in holo-endemic regions.

We are pleased to announce that effective from this month, the number of CEUs per test has been increased to 5.

**INSTRUCTIONS**

1. Read the journal. All the answers will be found there.
2. Go to [www.cpdjournals.co.za](http://www.cpdjournals.co.za) to answer the questions.

Accreditation number: MDB001/033/10/2011 (Clinical)