

CPD questionnaires must be completed online via www.cpdjournals.org.za. After submission you can check the answers and print your certificate. Questions may be answered up to 6 months after publication of each issue.

- 1. True (A) or false (B) click on the correct answer: Influenza vaccines should not be administered to persons over the age of 65 years in view of their poor immune response.
- 2. True (A) or false (B) click on the correct answer: Chemoprophylaxis for contacts of persons with influenza is highly recommended.
- 3. True (A) or false (B) click on the correct answer:
  A protective response to influenza vaccination takes about 2 weeks to develop.
- 4. True (A) or false (B) click on the correct answer: The incidence of tuberculosis (TB) in sub-Saharan Africa (SSA) is high at over 300 new cases of TB per 100 000 population.
- 5. True (A) or false (B) click on the correct answer: The TB epidemic in SSA fuelled by the HIV epidemic.
- 6. True (A) or false (B) click on the correct answer: Because of the better feeding in prisons in SSA the prevalence of TB in the prisons is much lower than in the general population.
- 7. True (A) or false (B) click on the correct answer: The incidence of multi- and extensively drug-resistant TB (MDR-TB and XDR-TB) is increasing in SSA.
- 8. True (A) or false (B) click on the correct answer: Because of the high incidence of TB in prisons in SSA, they all provide proper isolation facilities to treat MDR/XDR-TB.
- 9. True (A) or false (B) click on the correct answer: Serious infectious diseases that are also transmitted in prisons include HIV, respiratory and skin infections and sexually transmitted infections.
- 10. True (A) or false (B) click on the correct answer: **Pterygium is a fibrovascular growth of the conjunctiva across the limbus onto the cornea.**

- 11. Which of the following statements is NOT correct? Reported or proposed associations with pterygia occurrence are:
- a) The use of tobacco
- b) A poor tear film
- c) Ethnicity
- d) Exposure to dust
- e) Obesity.
- 12. True (A) or false (B) click on the correct answer: Pterygia are widely believed to be due to excessive exposure to sunlight.
- 13. True (A) or false (B) click on the correct answer: Burnout is defined as the syndrome of emotional exhaustion, depersonalisation and reduced personal accomplishments.
- 14. True (A) or false (B) click on the correct answer: Emotional exhaustion is characterised by a feeling of excessive energy.
- 15. True (A) or false (B) click on the correct answer: **Burnout results from prolonged high levels of stress at work.**
- 16. True (A) or false (B) click on the correct answer: Increased absenteeism and reduced productivity are common in areas with increased burnout.
- 17. True (A) or false (B) click on the correct answer: Because of their resilience, job stress among South African physicians is lower than among physicians in Europe or the USA
- 18. True (A) or false (B) click on the correct answer: HIV infection is, with advancing immunosuppression, a risk factor for the development of dilated cardiomyopathy.
- 19. True (A) or false (B) click on the correct answer: The cause of cardiomyopathy in black African patients infected with HIV is now well known.
- 20. True (A) or false (B) click on the correct answer: A low plasma selenium level is a predisposing factor in the development of cardiomyopathy.

## **INSTRUCTIONS**

- 1. Read the journal. All the answers will be found there.
- 2. Go to www.cpdjournals.org.za to answer the questions.

Accreditation number: MDB001/016/01/2011 (Clinical)