

HPCSA disciplinary action – ‘custodian of professional morals?’

To the Editor: In response to striking doctors, the HPCSA argues that it can investigate unprofessional conduct in the absence of a complaint because it is the custodian of professional morals.¹

The HPCSA did not always hold this position; for example, when the Truth and Reconciliation Commission (TRC) made public the evidence of potential involvement of health professionals in human rights violations during apartheid,² the HPCSA indicated it could not initiate action against named health professionals until a complaint was received. Because of this reluctance to take proactive action, 27 doctors lodged a formal complaint with the HPCSA in 2000 about the involvement of Dr Wouter Basson as head of the Chemical and Biological Warfare Programme of the South African Defence Force during apartheid. Information on over 40 doctors named at TRC hearings as having potentially been involved in human rights abuses was also provided to the HPCSA for further action. The HPCSA has acted only against Dr Basson³ and has not reached a conclusion, some 13 years after his alleged involvement in serious abuses was revealed.⁴

In this light, the HPCSA's pursuit of disciplinary action against 256 doctors alleged to have been involved in strikes in KwaZulu-Natal, despite the purported withdrawal of the complaints by the KZN Health Department,¹ is of concern. The basis of the unethical conduct charges are unclear. None of the 16 ethical guidelines issued by the HPCSA cites strike action as unethical conduct. The ethical arguments relating to health professionals' participation in strikes are complex.^{5,6} While it may currently be illegal for health workers to strike, the law and ethical standards are not the same thing and have diverged substantially in the past in South Africa.⁷ Should the law change, what is illegal now may be legal in future, exposing the fallacy of basing ethical assessments on prevailing legislation.

Legal strikes by health workers are permitted in other countries. What makes South Africa different so as to declare striking by a health professional as unethical? The difference is largely a joint commitment by labour (health professionals) and employers (the Department of Health (DOH)) to maintain minimum essential services during a strike, reflecting a regularisation of labour action to protect patients from harm.

The DOH has agreed to the development of such a minimum service agreement. The agreement is still pending, but striking by health professionals will not be illegal if and when it is finalised. Disciplining doctors on the basis of striking being unethical fails to identify neither what in their action or inaction is unprofessional, nor that labour action in the context of protection of patient rights could be compatible with professional standards. Debates on ethical issues in strikes by health workers⁸ were hosted by the Wits Bioethics Centre in 2010.⁹ While opinions differed, all speakers agreed that the litmus test for ethical standards must be the prevention of harm to patients.

Arbitrary application of disciplinary action is clearly unconstitutional. The former South African Medical and Dental Council (SAMDC) acted against Dr Aubrey Mokoena in the absence of any complaint but on the basis of his conviction under the Terrorism Act for his political activities.¹⁰ This abuse of the SAMDC for political motives was the hallmark of the co-option of professional bodies by the apartheid government.^{2,10,11} We should guard against systems of professional accountability being used in a democratic South Africa for the settling of political scores. Doctors whose conduct harms patients or puts patients at risk of harm should be disciplined. However, discipline should be based on evidence of the unethical action, and aim to promote professional ethical

standards and the rights of all in South Africa. Why is the vigour of the HPCSA in pursuing action against striking doctors protesting working conditions in the new South Africa not evident in response to evidence cited by the TRC of doctors potentially associated with human rights abuses during apartheid?

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Accreditation of training courses in good clinical practice

To the Editor: The Medicines Control Council of South Africa requires health care professionals and others involved in conducting clinical studies to attend a training course in good clinical practice (GCP) every 3 years. The need for standardised training and accreditation in South Africa is recognised.¹ However, the way in which the accreditation of training courses is to be implemented from 2011 will result in conflicts of interest that would be best avoided.

The National Health Research Ethics Council (NHREC) has decided that the South African Clinical Research Association (SACRA) should serve as the oversight body for the accreditation of GCP courses that relate to GCP training in South Africa. SACRA will organise a committee of stakeholders to give input into the process. SACRA is a non-profit and capable organisation, but is strongly linked to the pharmaceutical industry (pharma) and commercial research organisations (<http://www.sacraza.com>).

There are many stakeholders in research, each with specific interests – governments, institutions, commercial sponsors, participants and others. These interests may conflict with each other.^{2,3} It is arguably unethical to single out any one player to have the predominant role, whether it be industry, government or any single university.

Pharma can take pride in its many achievements to improve health care. Pharma validly promotes clinical research for scientific and commercial reasons. The latter may, however, result in a conflict of interests, if pharma were to have a predominant influence in accrediting the training courses for such research. Notwithstanding the intention to meet high ethical standards, there are many examples in clinical research and elsewhere of misjudgements and mishaps that have arisen through neglect of avoidable conflicts of interest.

Potential unwanted and unintended consequences include bias in the accreditation of lecturers linked to industry or of lecturers who

do not have the appropriate depth of knowledge – for example data handlers, although very skilful in their own areas of expertise, may be accredited to lecture on subjects such as the scientific method or on ethics, which require a sound academic grounding. In addition, the marketing divisions of pharma may have interests in supporting those who spend more heavily on their products so that there is a risk of selective funding to attend SACRA-organised meetings – a possible platform for the selection and functioning of the working committee.

It is possible to resolve real and potential conflicts of interest in a more inclusive and transparent manner that satisfies ethical norms and also meets the requirements of pharma. Oversight of accreditation might take place through independent professional organisations such as the Colleges of Medicine of South Africa or a continuing medical education (CME) group linked to the South African Medical Association. Under this umbrella, there could be collaborative involvement of universities, industry, researchers and ethicists.

It is recognised that the problem of oversight may be related in part to inadequate funding for bodies fulfilling regulatory roles. This could be addressed by government and industry at a cost that would be a small fraction of the overall budget for research. The separation of funding and course content by means of an unrestricted grant, coupled with disclosures of financial interests by lecturers, is common practice in CME.

All stakeholders wish to take clinical research forward for the benefit of patients and to have high-quality training courses in GCP. Vigilance is required to avoid the conflicts of interest that will inevitably arise from a single stakeholder having a predominant role.

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Ethical challenges in an age of overpopulation

To the Editor: 'Humanity is but a blip on the time-scale of life on earth. But that blip is all that we have, and our present global course guarantees its extinction.'¹ Global overpopulation leads to poverty, overcrowding and pollution of air and water. These factors, together with increasing unemployment and food shortages, will decrease the quality of life for millions of people.² For example, the population of

Uganda is projected to triple by 2050 to about 103 million citizens, which will be accompanied by deforestation and soil erosion.³ The tenfold population increase in Ethiopia during the last century, despite land rehabilitation and water conservation measures, resulted in problems threatening agricultural development and food supply.⁴ Soil erosion cannot be overseen: ravines are visible in the fertile highlands in the north of the country. A consequence of excessive birth rates is unemployment, especially among young people.⁴ At the same time, labour productivity is growing, a few can cater for many, and more and more people become occupationless. In the past, similar conditions were turned around by wars and pestilence. This has not been happening of late, and we sit and wait to see what happens, as if there were nothing more that can be done, while the population grows. But there are many things to do. Firstly, the birth rate should be better controlled. Taking into account geographical, ecological, economic and other realities, a maximal number of children per woman should be determined for every area (this figure will hardly ever exceed two). The most reliable method of birth control is female sterilisation. The last (or single) birth should be carried out as often as possible by caesarean section, because this procedure is associated with lesser risk to the baby and expedites sterilisation by fallopian tube resection. Male sterilisation by vasectomy, a simple and harmless procedure, should also be propagated by all means; it would be particularly efficient in a milieu where promiscuity or polygamy is widespread.^{5,6}

Many projects could be accomplished by a globalised mankind: construction of irrigation facilities for drought-stricken lands; and nuclear, solar, tidal and other power plants to reduce the consumption of fossil fuels. Scientific research should be revitalised and purged of scientific misconduct. Such steps would create work for many people. Not much is required for that: a globalised administration and English as the first or second language for everyone. Moreover, should the birth rate decline in the future, it means that the workforce is at its maximum now, and it is an opportunity to accomplish great projects. Therefore, propaganda should popularise the image of hard-working people, which must become a pattern of identification for the youth.

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Erratum

In the article 'Earlier HIV diagnosis – are mobile services the answer?' by Van Schaik *et al.*, which appeared on pp. 671 - 674 of the October *SAMJ*, there was an error in Table I. The two figures at the end of column 'N' under the heading 'Hospital-based VCT' should have been 4 and 12, not 8 and 24. We apologise to the authors for this error, which has been corrected on the web version of the article.