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The dramatic strata so typical of the Cape Fold Mountains are epitomised in Meiringspoort, just north of De Rust in the Klein Karoo. These mountains were beneath the Earth's surface 250 million years ago (not particularly long ago in geological terms), at very high temperatures and pressures, and possessed a degree of plasticity, allowing them to be folded back and forth during continental collisions. Meiringspoort is part of the Swartberg range.

Photo: Robert Matzdorff



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