



BOOK REVIEW

The WHO Manual of Diagnostic Imaging, Radiographic Anatomy and Interpretation of the Musculoskeletal System

By Mark Davies and Holger Pettersson. Edited by Harald Ostensen and Holger Pettersson. Pp. vi + 203, Illustrated. SWfr.65./US\$58.50. WHO, 2002. ISBN 92-4-15455-0

This manual is one of a series of 'WHO manuals of Diagnostic Imaging' for health care personnel, particularly in hospitals and institutions with limited imaging equipment and radiological expertise. It is often forgotten that even in the most advanced imaging departments, 70-80% of all clinically relevant questions may be solved by using the two main cornerstones of diagnostic imaging, which are radiography (X-ray) and ultrasonography.

The manual is well illustrated with numerous examples of common musculoskeletal pathologies and injuries. The illustrations are clear and well annotated. Approximately half the manual is taken up with normal radiographic anatomy and a large section on skeletal trauma. The trauma section is well laid out and covers the majority of common skeletal and joint injuries with useful line diagrams where necessary.

The remaining half of the book deals with infection, arthritis, endocrine and haemopoietic disorders. There are also short sections on tumours, congenital and developmental disorders.

The text is clear and concise and laid out in a point form format, making for easy reading. A minor criticism is that some of the radiographic anatomy is complex, particularly as regards the skull and spine.

The manual covers a very large field in a concise and practical manner and will be of great benefit to medical practitioners, radiographers, medical students and even registrars in radiology starting off their studies. At an approximate Rand price of R600.00, it may however be financially out of reach for many of the readers at which the publication is targeted.

Alan Scher

IN MEMORIAM

Godfrey Phillips Charlewood

Goff, as he was popularly known, will always be remembered for his gentle nature and his wonderful sense of humour. He was a brilliant surgeon, gynaecologist and obstetrician and he enjoyed a lengthy career, much loved by his patients, colleagues

and the medical students he loved to teach.

He was born in Greytown, Natal, and he matriculated at Hilton College from where he went to the University of Cape Town where he obtained his medical degree. Soon after qualifying he joined Britain's Indian Medical Service and worked there for 14 years. He went to Britain to complete his specialist qualifications as a gynaecologist and also as a general surgeon, obtaining a Fellowship of the Royal College of Surgeons.

During the second world war he served as a surgeon with the Indian army on the major battle fronts and ended up with the rank of Lt Colonel.

He and his Scottish-born wife, the former Margaret Sutherland, remained in India until the final days of the British Raj in 1947, when they and their three children returned to South Africa.

After a stint at Baragwanath Hospital he went into private practice with well-known gynaecologist Dr Alan Boyd in Johannesburg. Later Drs Louw van Rooyen and Leon van Dongen joined this practice. Goff held a consultant's post at the Johannesburg Hospital which involved the training of registrars. He was a founder member of the College of Medicine of South Africa and he later became President of the Southern Transvaal branch of the South African Medical Association.

After 27 years of marriage his wife Margaret died of cancer. Later he married his second wife, the former Carole Brink, and this marriage lasted for just under 40 years. Goff and Carole had 2 children - Richard and Lucy. By the time he died at the age of 94, Goff had 9 grandchildren and 14 great-grandchildren.

Goff Charlewood will never be forgotten.

Professor LGR van Dongen

Fanny Ethel Meltzer



Dr Fanny Ethel Meltzer (née Awerbuck) died from renal failure in Benoni on 18 April 2003. She was in general practice in Benoni from 1943 to 1994. She was born in Kimberley in 1908 and obtained her medical qualification at the University of Witwatersrand, Johannesburg in 1941. She attended schools in Kimberley and Wellington and matriculated at Kimberley Girls High

School in 1925. She later trained as a school teacher at the Kimberley Teachers' Training College and taught for 6 years in the Cape Province. In 1934 she met and married Emanuel Meltzer, who had recently qualified and set up in general practice in Benoni. He encouraged her to retrain as a doctor



and after completing her internship she and Emanuel went into general practice in partnership in Benoni in 1943. They both gave stalwart service at the old Boksburg Benoni Hospital, where Fanny acted as honorary paediatrician. She and Emanuel both enjoyed participating in teaching medical and nursing staff at the hospital; they were also vociferous about improving the very poor conditions which existed on the 'non-European' side of the hospital in the apartheid era, and their efforts achieved some success. After Emanuel's premature death in 1963, Fanny continued as a single-handed GP until 1994 when she retired at the age of 87. She was a dedicated and conscientious GP with professional humility, great integrity and thoroughness. In her youth she enjoyed poetry and drama; later she was renowned for her knitting skills and in her retirement discovered a latent natural talent for painting which gave her much pleasure in her last years. She is survived by three children and two grandchildren.

Margie Meltzer

Martin Browne



Martin Browne died peacefully at home on 22 January 2003 aged 75. He qualified MB BChir (Cambridge) in 1951 from St Mary's Hospital, London. After military service in Germany and house jobs back in the UK, Martin, a quietly convinced Christian, worked for two years at St Mary's Mission Hospital, KwaMagwaza, Melmoth. Following five years of general practice in

Gloucestershire, he again volunteered to a missionary society and went to All Saints Hospital, Transkei in 1963. In 1965 he married Gillian Vanderplank of the farm Protest, adjacent to KwaMagwaza. Anaesthesia was his forte but in addition, his ward work was assiduous. He played a full part in outreach work such as a nutrition education project and a groundbreaking study group with amagqira of the district (1971). In the same year, he co-authored an *SAMJ* article with Nigel Stott titled 'Do witchdoctors practise pattern recognition?'. His colleagues remember his gentlemanly qualities – never angry, impatient, or rude. In 1972, for the sake of his children's education, he moved to McCord's Hospital where he ran the male surgical ward with great success. He organised teaching sessions, duty rotas and all the work of visiting consultants – and he was adept at bringing them in at any hour to see problem patients so that his patients received the best possible treatment.

Sadly in 1980, he diagnosed himself as having Parkinson's disease. He eventually confined himself to Outpatients by day, typing his notes, and using a variety of rubber stamps, until compelled to withdraw altogether in December 1990.

In 1991 Martin and Gill founded the Parkinson's Disease Support Group in Durban. The battle they fought together over the final ten years was the most remarkable example of home-care that their many friends and colleagues have seen. The disease progressively entrapped not only Martin's limbs, stealing away his enjoyment of carpentry, bicycling, and finally walking, but his powers of speech and self-expression, silencing his wonderful talent as raconteur.

The day after his funeral service at St. Mary's Church, Greyville, his family gave his ashes to the sea at Umvoti River mouth. He leaves his wife Gill, and children Hannah, Christopher and Lucy.

Ronald Ingle

RL Tobias



Dr RL Tobias, a prominent ex-Cape Town physician, passed away on 6 May 2003 in the Carmel Hospital, Haifa, Israel. He was buried in Kfar Hassidim, the agricultural settlement where his daughter resides. Dr Tobias was 87 years old. He leaves behind his wife, Helene, 4 children, many grandchildren and an ever-increasing number of great-grandchildren.

Dr Tobias was born in 1916 in Marquard and grew up in Clocolan in the Free State. He graduated as a medical doctor at the University of the Witwatersrand. During World War II, he served in Central Africa as an officer in the medical corps of the South African Army. After his service, he continued his studies and graduated as a Fellow of the Royal College of Physicians, Edinburgh. He then returned to Cape Town where he built up a thriving private practice, provided medical services for the South African Railways, served on the teaching staff of Groote Schuur Hospital and did voluntary medical work for various institutions of the Cape Jewish community.

On retiring in 1983, Dr Tobias and his wife emigrated to Israel to spend their golden years with 2 of their children and their families. Once settled in his new home in Jerusalem, Dr Tobias continued in part-time practice in national health clinics and the geriatric ward of the Talbieh Psychiatric Hospital. Well into his 70s, Dr Tobias continued his medical studies and successfully attained a British diploma in geriatric medicine. In



1992, Dr Tobias and his wife moved into Beit Protea in Herzlia, a home for the aged established by the South African Jewish community. There he served as an informal advisor to the medical staff, innovating substantial changes that significantly improved the medical services of the home.

Dr Tobias was a dedicated doctor truly devoted to his patients whom he treated with equal care and dignity irrespective of race, creed or religion. Dr Tobias was an outstanding example of a medical professional, who valued and upheld the principals and ethics of his vocation. He is deeply mourned by all who knew, loved and respected him as a great physician and a fine humanist.

Ashleigh Tobias

Books Received

The receipt of these books is acknowledged, and this listing must be regarded as sufficient return for the courtesy of the sender. Books that appear to be of particular interest will be reviewed as space permits. The SAMJ does not publish unsolicited reviews.

Botulinum Toxin in Painful Diseases. Edited by WH Jost. Pain and Headache Series, Vol 14. Edited by H Reichmann. Pp.viii + 174. Illustrated. CHF180./EUR128.50/US\$156.50. Hard Cover. KARGER. 2003. ISBN 3-8055-7500-9.

The International Pharmacopoeia. Third Edition. Volume 5. Tests and general requirements for dosage forms. Quality specifications for pharmaceutical substances and tablets. WHO. Pp. xviii + 371. Illustrated. Sw.fr.95./US\$85.50. WHO. 2001. ISBN 92-4-154536-4.

Alcohol in Developing Societies: A Public Health Approach. Finnish Foundation for Alcohol Studies in collaboration with WHO. Pp. 276. Illustrated Sw.fr.23./US\$20. 2002.WHO. ISBN 95-9192-63-8.

Sleep Smart. Get a life. By Dr Christiaan Geldenhuys. xvi + 256. R130. Rollerbird Press. 2003. ISBN 1-919780-54-8.

Risk Assessments of Salmonella in Eggs and Broiler Chickens. Interpretative Summary. Microbiological Risk Assessment Series 1.WHO/FAO. Pp. xxii + 44. Sw.fr.14./US\$12.60. WHO. 2002. ISBN 9-789241-562300.

Summary Measures of Population Health. Concepts, Ethics, Measurement and Applications. Edited by Christopher JL Murray, Joshua A. Salomon, Colin D Mathers and Alan D Lopez. Pp. xxviii + 770. Sw.fr.50./US\$45. WHO. 2002. ISBN 92-4-154551-8.

Nervous System and Sensory Organs. Color Atlas of Human Anatomy, Vol. 3. 5th Revised Edition. By Werner Kahle and Michael Frotscher. Pp. xiv + 406. Illustrated. EUR(D)34,95/CHF57,80. Thieme. 2003. ISBN 3-13-533505-4.

Venomous and Poisonous Animals. A Handbook for Biologists, Toxicologists, Physicians and Pharmacists. By Dietrich Mebs. Pp. ix + 339. Illustrated. EURO(D)86./Sw.fr137,60. Medpharm Scientific Publishers. 2002. ISBN 3-88763-093-9.

Communication for Health Sciences. By Bridget Wyrley-Birch and Jenny Wright. Pp. vii + 155. R110. Oxford University Press. 2003. ISBN 0-19-578143-0.

International Travel and Health. WHO. Pp. viii + 193. Sw.fr.25./US\$22.50. WHO. 2003. ISBN 92-4-158028-3.

Adherence to Long-Term Therapies. Evidence for Action. WHO. Pp. xiv + 198. Sw.fr.30./US\$27. WHO. 2003. ISBN 92-4-154599-2.

Notice to Contributors

The SAMJ endeavours to reflect the original sentiment and vital facts of submitted obituaries, letters to the editor and book reviews. We regrettably cannot give contributors foresight of edited versions prior to publication. Obituaries should preferably be submitted via email to news@samedical.org and be no longer than 350 words.