

The CPD programme for *SAMJ* is administered by Medical Practice Consulting.
CPD questionnaires must be completed online at www.mpconsulting.co.za.

Please note: The change in CPD question format comes from the accreditation bodies, who have informed us that CPD questionnaires must consist of a minimum of 5 questions, 80% of which should be MCQs with a minimum of 4 options and only 20% of which may now be in the form of 'True or false' answers.

MCQs may be of 'single correct answer' or 'multiple correct answer' format. Where the question states that more than one answer is correct, mark more than one of a, b, c or d (anything from two to all answers may be correct). For example, in Question 1, if you think that a, c and d are correct (note that these are not necessarily the correct answers), mark each of these on the answer form. Where the question states that only one answer is correct (there are none of these this month), mark the single answer that you think is correct.

1. Long-COVID: An evolving problem with an extensive impact

Regarding long-COVID (more than one answer is correct):

- Long-term symptoms have not been manifestations of other coronavirus infections, such as severe acute respiratory syndrome coronavirus and Middle East respiratory syndrome coronavirus.
- Currently there is no internationally recognised definition of long-COVID.
- A generally accepted time frame that differentiates the duration of the acute and post-acute infection from long-COVID is 1 month.
- Similar to acute COVID-19, patients with long-COVID can experience multiple symptoms that involve the lungs and other parts of the body.

2. Maintaining focus on administering effective malaria treatment during the COVID-19 pandemic

Concerning effective malaria treatment (more than one answer is correct):

- The malaria season in South Africa starts in September.
- The common early-stage clinical features of both malaria and COVID-19 are nonspecific and include fever, headaches, fatigue and sore joints/muscles.
- Malaria lacks sensitive antigen-based point-of-care diagnostics that are readily available across the public and private healthcare sectors in SA.
- Artemether-lumefantrine remains highly efficacious in SA.

3. Paraffin dangers and health and socioeconomic consequences: Urgent need for policy action

Concerning the dangers of paraffin (more than one answer is correct):

- Poor households spend little of their income on energy procurement.
- Use of paraffin as an energy source substantially increases the risk of injury from fires and burns in those households that use it.

c. Households that use paraffin comprise 3.6% of the population.

d. Young children, adult men and the elderly form the largest proportion of casualties of paraffin fires.

4. Prostate cancer age-standardised incidence increase between 2006 and 2016 in Gauteng Province, South Africa: A laboratory data-based analysis

Answer true or false:

In 2018, the global prostate cancer incidence was the second highest after lung cancer.

5. Locked down: Impact of COVID-19 restrictions on trauma presentations to the emergency department

Regarding the impact of COVID-19 restrictions on trauma presentations to the emergency department (more than one answer is correct):

- Lockdown, in the context of COVID-19, can be referred to as public health and social measure actions taken by governments, communities, institutions and individuals to slow or stop the spread of the virus.
- In this study, there were declines in the number of trauma cases for all the trauma categories, as well as overall, in February - June 2020 compared with February - June 2019.
- In this study, the most significant reductions in ED presentations were seen in the category of road traffic collisions, with 225 fewer cases (78% decline) in April 2020, 289 fewer cases (71% decline) in May and 121 fewer cases (35% decline) in June compared with 2019.
- Other studies from England have shown no decrease in visits to emergency departments during lockdown.

Readers please note: Articles may appear in summary/abstract form in the print edition of the Journal, with the full article available online at www.samj.org.za

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

- Read the journal. All the answers will be found there, in print or online.
- Go to www.mpconsulting.co.za to answer the questions.

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