

The CPD programme for SAMJ is administered by Medical Practice Consulting.
CPD questionnaires must be completed online at www.mpconsulting.co.za.

Please note: The change in CPD question format comes from the accreditation bodies, who have informed us that CPD questionnaires must consist of a minimum of 5 questions, 80% of which should be MCQs with a minimum of 4 options and only 20% of which may now be in the form of 'True or false' answers.

MCQs may be of 'single correct answer' or 'multiple correct answer' format. Where the question states that more than one answer is correct, mark more than one of a, b, c or d (anything from two to all answers may be correct). For example, in Question 1, if you think that b, c and d are correct (note that these are not necessarily the correct answers), mark each of these on the answer form. Where the question states that only one answer is correct, mark the single answer that you think is correct.

1. Thrombotic disorders (part 2)

Regarding acquired thrombotic disorders (more than one answer is correct):

- Platelets immediately form a plug at the site of injury, which is referred to as primary haemostasis.
- Exposure of blood to the subendothelial area initiates two processes, i.e. changes in platelets and the exposure of subendothelial tissue factor (TF) to plasma factor VII.
- Atherosclerotic plaques never contain significant levels of subendothelial TF.
- TF expression can be increased with malignancy, potentially leading to cancer-associated thrombosis.

2. Medical cannabis: What practitioners need to know

Regarding the use of medicinal cannabis (more than one answer is correct):

- Cannabis contains varying amounts of the cannabinoids delta-9-tetrahydrocannabinol (THC) and cannabidiol (CBD), depending on various cultivation factors.
- No commercial plant-derived cannabis products are currently registered by the South African Health Products Regulatory Authority (SAHPRA) for medical use.
- SAHPRA has to date approved only one synthetic medical cannabis product, dronabinol.
- Multiple sclerosis-associated spasticity showed good clinical improvement in self-reported spasticity when a purified form of THC/CBD was added to existing therapy.

3. A retrospective description of primary immunodeficiency diseases at Red Cross War Memorial Children's Hospital, Cape Town, 1975 - 2017

Regarding primary immunodeficiency diseases (only one answer is correct):

- Primary immunodeficiency diseases are never responsible for allergic manifestations.
- In this review, recurrent infection was the most common presenting phenotype, manifesting in 177 patients.
- Primary immunodeficiency diseases are seldom genetic conditions.
- The spectrum of primary immunodeficiency disease is fixed, with no new conditions being described.

4. Factors influencing consent rates of deceased organ donation in Western Cape Province

Regarding factors influencing consent rates of deceased organ donation in the Western Cape (more than one answer is correct):

- In this study, both the numbers of families approached for consent to organ donation and the consent rate in the Western Cape were low.
- Although donation rates in South Africa (SA) are extremely low in comparison with the rest of the world, donation rates have changed significantly over the last 10 years.
- In SA, there is currently no national strategy for the advancement of organ donation.
- In the SA system, transplant co-ordinators are specialist nurses trained to request consent for organ donation, manage donors and arrange the logistics of organ recovery.

5. Bodies without names: A retrospective review of unidentified decedents at Salt River Mortuary, Cape Town, 2010 - 2017

Regarding unidentified bodies:

SA legislation dictates that should a decedent not be identified within 30 days after death, the body becomes the responsibility of the state. (True/false)

Readers please note: Articles may appear in summary/abstract form in the print edition of the Journal, with the full article available online at www.samj.org.za

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

- Read the journal. All the answers will be found there, in print or online.
- Go to www.mpconsulting.co.za to answer the questions.

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