



FROM THE EDITOR

895 Thank you from SAMA and the editors

B Farham

CORRESPONDENCE

898 Role of clinical informatics in the implementation of universal health coverage

T C R Maimela, M N Mutshekwane, D Basu

EDITORIAL

899 'Getting out of the dark' – the implications of load shedding on healthcare in South Africa and strategies to enhance preparedness

A E Laher, B J van Aardt, A J Craythorne, M van Welie, D M Malinga, S Madi

IN PRACTICE

ISSUES IN PUBLIC HEALTH

902 Child health, infant formula funding and South African health professionals: Eliminating conflict

L Lake, M Kroon, D Sanders, A Goga, C Witten, R Swart, H Saloojee, C Scott, M Manyuha, T Doherty

907 Is it time for South Africa to end the routine high-dose vitamin A supplementation programme?

A Coutsoudis, D Sanders, A Dhansay, M E van Stuijvenberg, C S Benn

CLINICAL ALERT

911 The ketamine crisis: Does South Africa have a plan B?

S Wall, V Bangalee

STATEMENT

914 Training South African clinician-scientists: Lessons from the University of Cape Town's intercalated programme

 ${\it R}$ J Burman, ${\it T}$ J de Wet, M
 Amoni, K M Düsterwald, D M Favara, M Setshedi, C L Rametse, A
 A Katz

RESEARCH

919 Descriptive analysis of World Health Organization-recommended second-line antiretroviral treatment: A retrospective cohort data analysis

 $S\ B\ Gumede,\ A\ Fischer,\ W\ D\ F\ Venter,\ S\ T\ Lalla-Edward$

927 Stillbirth risk across pregnancy by size for gestational age in Western Cape Province, South Africa: Application of the fetuses-at-risk approach using perinatal audit data

T Lavin, R C Pattinson, L Nedkoff, S Gebhardt, D B Preen

934 Surveillance and comparison of antimicrobial susceptibility patterns of ESKAPE organisms isolated from patients with bacteraemia in South Africa, 2016 - 2017

H Ismail, W Lowman, C N Govind, K Swe Swe-Han, M R B Maloba, C Bamford, O Perovic

The pH of lye and no-lye hair relaxers, including those advertised for children, is at levels that are corrosive to the skin

V N B Sishi, J C van Wyk, N P Khumalo

947 Outcome determinants of urethroplasty in the management of inflammatory anterior urethral strictures

F M Claassen, S B A Mutambirwa, L Potgieter, L Botes, H F Kotze, F E Smit

952 The accuracy of a point-of-care test among different operators using the QBC Autoread Plus Analyzer for the measurement of a basic full blood count

W Laney, R Mawelele, S Omar

957 A diabetes profile of the eight districts in the public health sector, Eastern Cape Province,

South Africa

N Sahadew, V S Singaram

FDITOR

Bridget Farham, BSc Hons, PhD, MB ChB

EDITORS EMERITUS

Daniel J Ncayiyana, MD (Groningen), FACOG, MD (Hon.), FCM (Hon.) JP de V van Niekerk, MD, FRCR Janet Seggie, BSc Hons, MD (Birm), FRCP (Lond), FCP (SA)

ASSOCIATE EDITORS

Q Abdool Karim, A Dhai, R C Pattinson, A Rothberg, A A Stulting, J Surka, B Taylor, M Blockman, J M Pettifor, W Edridge, R P Abratt, D L Clarke

ACTING GENERAL MANAGER
Dr Vusumuzi Nhlapho

HEAD OF PUBLISHING
Diane Smith | Tel. 012 481 2069
Email: dianes@samedical.org

MANAGING EDITORS Claudia Naidu Naadia van der Bergh

TECHNICAL EDITORS Emma Buchanan Kirsten Morreira Paula van der Bijl

PRODUCTION & DISTRIBUTION OFFICER Emma Jane Couzens

SENIOR DESIGNER

Clinton Griffin

CLIENT RELATIONSHIP OFFICERS Azad Yusuf Reneé Hinze Ladine Britz Charmalin Comalie

ONLINE SUPPORT Gertrude Fani

ISSN 2078-5135

HMPG website: www.hmpg.co.za SAMA website: www.samedical.org Journal website: www.samj.org.za



- 963 Prevalence of low serum testosterone levels among men with type 2 diabetes mellitus attending two outpatient diabetes clinics in KwaZulu-Natal Province, South Africa

 I M Paruk, F J Pirie, N M Nkwanyana, A A Motala
- 971 The prevalence and characteristics of moderate- to high-risk regulated and unregulated substance use among patients admitted to four public hospitals in Tshwane, South Africa A P Scheibe, N R Gloeck, S Shelly, T S Marcus, J Hugo

CPD QUESTIONS

ONLINE CONTENTS LISTED IN Index Medicus (Medline) Excerpta Medica (EMBASE) Biological Abstracts (BIOSIS) Science Citation Index (SciSearch) Directory of Open Access Journals (DOAJ) Current Contents/Clinical Medicine

SAMJ SUBSCRIPTION RATES Local subscriptions ZAR1 812.00 p.a. Foreign subscriptions ZAR4 152.00 p.a. Single copies ZAR151.00 local, ZAR346.00 foreign

Members of the South African Medical Association receive the *SAMJ* only on request, as part of their membership benefit.

Subscriptions: Tel. 012 481 2071 Email: members@samedical.org

The *SAMJ* is published monthly by the South African Medical Association.

HEAD OFFICE SAMA Block F, Castle Walk Corporate Park, Nossob Street, Erasmuskloof Ext. 3, Pretoria, 0181 Tel. 012 481 2069 Email: dianes@samedical.org

EDITORIAL OFFICE Suite 11, Lonsdale Building, Lonsdale Way, Pinelands, 7405 Tel. 021 532 1281 | Cell. 072 635 9825 Email: publishing@samedical.org

Please submit all letters and articles for publication online at http://www.editorialmanager.com/samj

© Copyright: The South African Medical Association

Use of editorial material is subject to the Creative Commons Attribution – Non-commercial Works Licence. https://creativecommons.org/licenses/by-nc/40

Printed by TANDYM PRINT





 ${\bf Background\ photo:}\ {\bf In\ the\ trauma\ centre\ at\ Groote\ Schuur\ Hospital,\ Cape\ Town\ |\ Shaun\ Swingler}$

Box photos: High-dose vitamin A capsules | Linda Zako; Application of hair relaxer | Kagiso Legotlo (KL Images); Cigarette butts | Shutterstock