

The CPD programme for SAMJ is administered by Medical Practice Consulting.
CPD questionnaires must be completed online at www.mpconsulting.co.za.

Please note: The change in CPD question format comes from the accreditation bodies, who have informed us that CPD questionnaires must consist of a minimum of 5 questions, 80% of which should be MCQs with a minimum of 4 options and only 20% of which may now be in the form of 'True or false' answers.

MCQs may be of 'single correct answer' or 'multiple correct answer' format. Where the question states that more than one answer is correct, mark more than one of a, b, c or d. For example, in Question 1, if you think that a, c and d are correct, mark each of these on the answer form. Where the question states that only one answer is correct (there are none of these this month), mark the single answer that you think is correct.

**1. Lymphadenopathy in a tuberculosis (TB)-endemic area:
Diagnostic pitfalls and suggested approach**

Regarding lymphadenopathy (more than one answer is correct):

- A number of African studies show that 25 - 85% of lymphoma patients receive TB therapy, most of whom did not have proven TB at the time of lymphoma diagnosis.
- An increased risk of lymphoma in HIV-positive patients does not persist once antiretroviral therapy has been started.
- Lymphoma has been identified as having the second-longest time from symptom onset to diagnosis of any malignancy.
- Lymphoma is associated with a particularly high risk of infection with TB.

2. An approach to the diagnosis and management of multiple myeloma

Regarding the diagnosis and management of multiple myeloma (more than one answer is correct):

- Multiple myeloma is a disease of the elderly, with a slight female predominance.
- The most aggressive presentation of multiple myeloma is that of a plasma cell leukaemia.
- A third of patients may present with pathological fractures, usually of the axial skeleton, but also involving the long bones.
- Approximately 7% of patients with multiple myeloma may present with extramedullary disease only, which is associated with inferior survival.

3. Spitting cobra (*Naja nigricincta nigricincta*) bites complicated by rhabdomyolysis, possible intravascular haemolysis, and coagulopathy

Most *N. n. nigricincta* bites have occurred at night while the victims were asleep. (True/false)

4. De-escalation of biological therapy in inflammatory bowel disease: Benefits and risks

Regarding the use of biological therapy in inflammatory bowel disease (more than one answer is correct):

- Induction and maintenance of remission rates are <50% for both ulcerative colitis and Crohn's disease.
- Analysing the maintenance of remission data, it is clear that clinical response rates are better than clinical remission rates, which in turn are better than mucosal healing.
- Data from real-world registries have far superior clinical response and remission rates than clinical trial data.
- There is no effect on hospitalisation or on surgery.

5. Medicolegal perspectives of interpersonal violence: A review of first-contact clinical notes

Regarding interpersonal violence (more than one answer is correct):

- In cases where the victim's injuries are serious or life-threatening, recording of injuries and evidence gathering is not necessary.
- Previously 'district surgeons' with dedicated medicolegal duties, including the clinical assessment and treatment of victims of interpersonal violence, dealt with cases of interpersonal violence.
- In all cases of interpersonal violence proper recording of injuries and gathering of appropriate evidence for investigative and legal purposes is necessary.
- An estimated 50% of all trauma cases treated at hospitals in South Africa are due to interpersonal violence.

Readers please note: Articles may appear in summary/abstract form in the print edition of the Journal, with the full article available online at www.samj.org.za

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

- Read the journal. All the answers will be found there, in print or online.
- Go to www.mpconsulting.co.za to answer the questions.

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