

The CPD programme for *SAMJ* is administered by Medical Practice Consulting.
CPD questionnaires must be completed online at www.mpconsulting.co.za.

True (A) or false (B):

SAMJ

Safeguarding maternal and child health in South Africa (SA) by starting the Child Support Grant before birth: Design lessons from pregnancy support programmes in 27 countries

1. Only 14% of pregnant women in the poorest quartile are employed, either in the informal or the formal sector.
2. Eligibility (for the SA Child Support Grant) is based on a means test, and currently there are over 10 million beneficiaries.

Psychosocial risk and protective factors associated with perpetration of gender-based violence in a community sample of men in rural KwaZulu-Natal (KZN), SA

3. Rates of gender-based violence (GBV) in SA are among the lowest in the world.
4. Up to 77% of women in Limpopo Province have experienced some form of GBV during their lifetime.

Prevalence and correlates of violence among SA high-school learners in KZN

5. In this survey, one in five learners (22%) had experienced some form of violence while at school.
6. Violence among young people is associated with depression, unwanted teenage pregnancy and HIV.

Evaluating point-of-care testing for glycosylated haemoglobin (HbA1c) in public sector primary care facilities in the Western Cape, SA

7. The estimated prevalence of diabetes mellitus in SA is 6.5% among adults aged 20 - 79 years.
8. Small but sustained reductions in HbA1c can lead to a significant reduction in the risk of complications.

Socioeconomic and modifiable predictors of blood pressure control for hypertension in primary care attenders in the Western Cape, SA

9. Low socioeconomic status was associated with the risk of hypertension.
10. Uncontrolled blood pressure was less likely in patients with a higher level of education.

CME

Developing an understanding of fatal child abuse and neglect: Lessons from the SA child death review pilot study

11. Sudden, unexpected and unexplained deaths are natural deaths.
12. All unnatural deaths must be referred to the Forensic Pathology Service.
13. Overlaying in infants is a natural death in SA.
14. A child abuse death must be reported using a Form 22 to the Department of Social Development.

Maternal mental health and the first 1 000 days

15. Women are relatively protected from domestic violence during pregnancy.
16. The potential risks of antidepressant treatment for the fetus far exceed the risks for the fetus of untreated maternal anxiety during pregnancy.
17. Mothers with common mental health problems need to be managed by mental health specialists.

Using a child rights approach to strengthen prevention of violence against children

18. Girls are more likely than boys to experience sexual abuse.
19. Exposure to 'toxic stress' in early childhood can drive an intergenerational cycle of violence.
20. Child abuse can only be reported on a J88 form.

Readers please note: articles may appear in summary/abstract form in the print edition of the Journal, with the full article available online at www.samj.org.za

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

1. Read the journal. All the answers will be found there, in print or online.
2. Go to www.mpconsulting.co.za to answer the questions.

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